

**Frankston Methodist Church**  
**P. O. Box 355**  
**Frankston, TX 75763-0035**

If you would like to change the way you receive the newsletter, please call Jennie at the church office, 903.876.2235, or email the office at [fmc@frankstonmethodist.org](mailto:fmc@frankstonmethodist.org) 7/2025



# Frankston Methodist Messenger

*“Making Disciples of Jesus Christ Who Worship Passionately, Love Extravagantly, and Witness Boldly”*

As the warm summer days unfold, many of us find ourselves caught up in the busy rhythms of vacation, travel, and various activities. While summer is often seen as a time of fun and relaxation, it also offers us a unique opportunity to reflect on the importance of rest and renewal in our lives as Christians. It’s easy to forget that rest is not a luxury but a spiritual necessity. God Himself designed us to work, but He also designed us to rest. The word “Sabbath” literally means “to cease” or “to stop,” and it is a day set aside for rest, worship, and reflection. The concept of Sabbath is woven throughout Scripture, from the Creation story in Genesis where God rests on the seventh day, to the Ten Commandments where God commands His people to observe a day of rest (Exodus 20:8-10). In Mark 2:27, Jesus reminds us, *“The Sabbath was made for man, not man for the Sabbath.”* This means that the Sabbath is a gift, not a burden. God commands us to rest because He knows we need it—spiritually, mentally, and physically.

Summer provides a perfect chance to slow down and prioritize rest. Here are some ways to honor the Sabbath this season:

**Set Aside Time for Worship-** Even in the midst of summer activities, commit to gathering with your church family each Sunday for worship. Taking time to worship together keeps us grounded in God’s presence.

**Unplug and Disconnect** -In our digital age, it’s easy to stay constantly connected to emails, social media, and the demands of daily life. Set aside designated times each week to disconnect from technology and focus on the present moment with your family, God, or even yourself.

**Practice Prayer and Reflection-** Use the summer months to cultivate a deeper prayer life. Set aside time each week for quiet reflection, Bible reading, and journaling. Consider starting a devotional plan for the summer or revisiting past journals to see how God has worked in your life.

This summer, let us embrace the gift of the Sabbath, allowing ourselves to experience the renewal God desires for us. May we find rest for our bodies, refreshment for our spirits, and deeper intimacy with our Savior.

## JULY CALENDAR

- July 1 5 pm Staff-Parish Relations Committee meets, FLC
- July 4 Church offices and Family Life Center are closed for Independence Day
- July 6 9:45 am Sunday School for all
- July 6 11 am Communion Worship, sanctuary
- July 7 8:30 am Stocking Rainbow House, FLC
- July 11 Please have your monetary donation for school supplies in the church office by 6 pm today
- July 13 9:45 am Sunday School for all
- July 13 11 am "Country Church Sunday" Singing & Worship, sanctuary
- July 13 Noon Covered Dish Lunch, fellowship hall; please come and bring a dish to share
- July 14 5 pm Lord's Acre planning meeting, FLC
- July 15 5 pm Finance Committee meets, FLC
- July 16 9 am Rainbow House volunteers sack school supplies, FLC
- July 17 6 pm "Come to the Table" casual worship and ice cream supper, FLC
- July 19 8 am Frankston Methodist Men hold breakfast meeting. Guest speakers will be Jesse Schrowang and Tony Valent to share information about One Mission Society.
- July 20 9:45 am Sunday School for all
- July 20 11 am Worship, sanctuary
- July 20 Noon Council of Ministries meets, fellowship hall, brown bag lunch
- Jun 21 8:30 am Stocking Rainbow House, FLC
- July 22 9 - 11:30 am Rainbow House food & clothes distribution, FLC
- July 27 9:45 am Sunday School for all
- July 27 11 am Worship, sanctuary
- July 31 10 am Methodist Women feel FUSD employees. Sandwiches to be at FLC by 10 am.



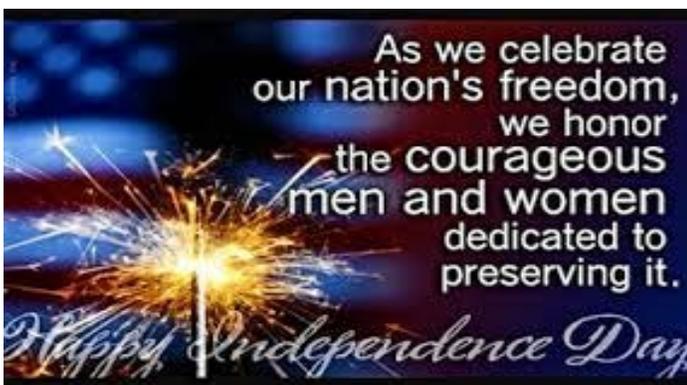
The Bible speaks frequently about money and wealth and emphasizes the importance of generous giving

(Proverbs 22:16; 2 Corinthians 8-9); wise investment (Luke 16: 10-13); debt management (Proverbs 21:20; 22:7); prudent fiscal oversight (Luke 12:13-21; Acts 4:32-35); and appropriate attitude (1 Timothy 6:10). The Committee on Finance, at the heart of its task, provides for the ministry of our church through wise money management.

From the earliest days of the church's history, stewards recognized the profound "spiritual" nature of giving within the life of the congregation. While enormous demographic changes have occurred over the centuries, the fact that giving reflects a spiritual commitment to Jesus Christ is as true today as it was in the 18th century. The ministry of finance in a Global Methodist congregation will be influenced, more than anything else, by our success in demonstrating the spiritual connection between the offering and the ministry it enables. Through our giving, we are funding ministries that nurture persons in their faith. Through their faith they, like ourselves, are to help others grow to a mature faith in God that moves them to action on behalf of others.

We are all very aware of the increased cost of living and, unfortunately, our church reflects it also. However, on Sunday morning, we like our facilities to be cool and comfortable, we like the lights to be on and we like to have things neat and clean. At the Family Life Center, we want the same comforts when we are having meetings, working out in the Fitness Center, providing service to others or visiting with Pastor Jacob. The necessary electricity, water, telephone, internet, gas, and trash service costs quite a lot each month; and then we have the costs for insurance, custodial and office supplies, and maintenance of equipment. As we all do in our homes, we turn off lights when not in use, keep AC temp a little high or off if the room is not in use, and try to conserve wherever possible. It still takes a lot to keep Frankston Methodist church open and operating. If you are a regular contributor, THANK YOU! If you are not, please consider giving even a little to the church. Your money is put with others to cover our expenses as we strive to reach out and share the love and redemption power of Jesus Christ.

Continued blessings from your church family on the Finance Committee.



## Country Church Sunday – July 13

While Pastor Jacob is out of town on vacation, we will have an old-fashioned country church service.

We will have some scripture reading and a LOT of singing from the Cokesbury Worship Hymnal that many of us grew up using in church. If you have a favorite hymn and it's included in the Cokesbury, be prepared to call out the page number so we can sing it!

We don't have this type of service often, so plan to be there and bring your family and friends.

After Worship, we will be enjoying a

### Church Covered Dish Luncheon



in the Fellowship Hall, so bring your favorite food to share. Be sure you bring a good appetite, 'cause we always have a lot of really good food!

SEE YOU IN CHURCH!



This month's staff spotlight is on our Church Secretary, Jennie Minter. Jennie has been employed by the church since 2002, when we opened the Family Life Center. As Church secretary, Jennie has several duties, including answering the phones, changing the church sign, and organizing this newsletter. Jennie's office is located in the Family Life Center and is available during office hours.



Sunday, July 20

church council  
**MEETING**

After Worship

Methodist Men's Breakfast Meeting-JULY 19

Guest Speakers: Jesse Schrowang  
Tony Valent

## 40<sup>th</sup> LORD'S ACRE IS OCTOBER 25

It is hard to imagine, but the 40<sup>th</sup> Lord's Acre is only about 4 months away! When you are enjoying your summer vacation, keep an eye out for something unusual to put in the Auction! Are you canning or making preserves? Please make a few extra for the Country Store! This year has flown past so far and these next months will be very busy, so please be thinking about Lord's Acre and what new and fun thing we can add. We are having a planning meeting on July 14 at 5 pm. Everyone who is willing to help is encouraged to be there.

Come  
to the Table

Thursday, July 17 – 6:30 pm

Blue Bell Ice Cream Supper, casual praise service with lots of music and Communion (church membership is not required).

**EVERYONE IS WELCOME!**



**We Pray For....** Family of Davey Carter; Family of Dan Watkins; Family of Kathy Laws; Family of Tammy Dale; Family of Candace Hudson; Jenny Beard, in rehab; Jayne Beddingfield, ongoing health issues; Rachael Homan, much

improved; **Glenda & David Mikeska**, Bob Griffice's sister and brother-in-law. Glenda is recovering from surgery to remove a brain tumor. David is recovering from surgery for ongoing cancer and radiation wounds; **Residents of Anderson, Henderson, and Cherokee counties**, water rights issues; **Sheri Hitzelburger**, Glenda Briggs' niece, undergoing more tests for fluid on brain; **Bud Montrose**, ongoing battle with cancer; **Rob Smith**, Stephanie O'Neal Smith's husband, hospitalized with cancer and in very serious condition; **Cindy Ates**, Cathy Duncan's sister, awaiting treatment on esophagus; **Patty Denner**, Doreen Sweeney's longtime friend, continuing chemo; **Dusty Pace**, Glenda Briggs' brother, vascular dementia; **Those who are affected by recent violence; Christians worldwide, who are being persecuted; Ashley Shelly**, ongoing medical conditions; **Stevie Fry**, FISS student, cancer patient; **RJ Thaw**, improving at home; **Friend with colon cancer; all those affected by wars; military personnel and families; those in nursing homes or shut in due to health; police, fire, and first responders; those in need, but unnamed. Pray for peace in our world and for our world leaders. Pray for our church!**

Updates to prayer list? Please call the church office, 903.876.2235, or email [fmc@frankstonmethodist.org](mailto:fmc@frankstonmethodist.org)

## Pray For Our Military



Alfredo Balderas  
PSC 840, Box 42  
FPO, AE 09649

CPT. Allen, Jonathan  
6174 Walking Stick Way  
Ft. Moore, GA 31905

### JULY BIRTHDAYS

- 16 Nathan Sabulsky
- 17 Marsha Langdon
- 18 Kay Randle, Randy Randle
- 22 Pat Lookabaugh
- 24 John Lookabaugh
- 26 Russ Bagley
- 27 Luan Montrose
- 28 Bob Griffice, Don Fitzgerald
- 31 Jamey Lade



Call (903) 876-2235 if we missed your birthday

### JULY ACOLYTES

- July 6 Gavin Lade
- July 13 Bellamy Lively
- July 20
- July 27 Alyssa Stanly



### JULY USHERS



- July 6 Jim Tom Johnson  
Randy Randle
- July 13 Nicci Clary  
Kayla Clary

- July 20 Mark & Karen Faulkner
- July 27 Craig Dempsey & Steven Johnson



**THE CHURCH OFFICES AND THE FAMILY LIFE CENTER WILL BE CLOSED ON JULY 4. HAVE A SAFE AND BLESSED INDEPENDENCE DAY!**